



## **Snowbirds Flock to Clark Jeary Retirement Community**

While most older people are migrating to warmer climates, others, such as Cecil Morris and Iven May, migrated to Clark Jeary Retirement Community for the winter months. No matter how cold the temperature is outside or how many inches of snow are on the ground, “It is always warm and friendly inside Clark Jeary”, say both Iven and Cecil.

Cecil and Iven wintered at Clark Jeary last year and returned to spend another winter around the many friends they made. Not wanting to be alone and isolated during winter months, and maybe a little nudging from family played into their decision to make their winter move. Both love the one-level living, the friendly residents and staff, delicious meals, the many avenues for socialization with countless activities to choose from, and spending time with their Clark Jeary friends.

Iven says he knows of people who can easily get depressed during the long winter months. A positive attitude and his love for cooking have always helped him stay upbeat. Aromas of breakfast cooking can be smelled many mornings coming from his apartment.

Cecil visited many places before choosing Clark Jeary as his winter home. The recommendation from a family member of a long-term resident helped him make his selection. Wintry weather does not stop Cecil from getting out on a regular basis to the local YMCA, which is in close proximity to his winter home.

Clark Jeary Retirement Community has four snowbirds in residence this year. The warm and friendly atmosphere and month-to-month contracts are appealing to someone who wants socialization, warmth and comfort, security, delicious meals and a maintenance free lifestyle during the winter. To hear more about Clark Jeary Retirement Community services for Independent & Assisted Living or short term stays, call Carla at 402-489-0331.

